

## **Family Resources – Doctors, Dentists, Mental Health, Hearing ETC...**

### **Where to I find a primary care physician (medical home)?**

*¿Donde estan disponible los doctores primarios?*

Delta County Memorial Hospital Family Medicine, (970) 874-5777

Montrose Memorial Hospital Family Care 970-249-2211

Mountain Medical Center (Ridgway) (970) 626-5123

Telluride Medical Center (970) 728-3848

Uncompahgre Medical Center (Norwood) (970) 327-4233

Basin Clinic (Nucla) (970) 865-2665

### **Where do I find info about and/or get health care insurance (CHP+, etc.)?**

*¿Donde puedo aplicar para aseguransa de salud?*

Ouray, San Miguel, and Montrose Counties are served by Tri-County Health Network:

Ridgway/Ouray: Carol Schutter, 970.708.7967

Telluride Area: Alexis Klein, 970.708.0921

Norwood/Westend: Amber Elder, 970.708.1307

Olathe/Montrose: In transition, call 970.708.7096 or email [info@tchnetwork.org](mailto:info@tchnetwork.org).

Delta County is served by Delta Family Center:  
(970) 874-9517

### **Who can do a mental health screening?**

*¿Quien podra ayudarme con evaluaciones de salud mental?*

Victoria Baumann, ([vbaumann@centermh.org](mailto:vbaumann@centermh.org)), 970-316-1365

Kailey Adams, ([kadams@centermh.org](mailto:kadams@centermh.org)), 970-316-1365

### **Where can my child have a dental screening?**

*¿Donde puedo llevar a mis hijos a obtener un examen dental?*



*Policia de Delta*

Montrose County Sheriff: (970)252-4023

*Policia de Montrose*

Montrose County Sheriff (Nucla): (970)864-2281

*Policia de Nucla*

Ouray County Sheriff: (970)325-7272

*Policia de Ouray*

San Miguel County Sheriff-Telluride: (970)728-4442

*Policia de Telluride*

San Miguel County Sheriff-Norwood: (970)327-4393

*Policia de Norwood*

**Public Libraries:**

***Bibliotecas publicas:***

Delta: (970)874-9630

Montrose: (970)249-9656

Naturita: (970)865-2848

Norwood: (970)327-4833

Ouray: (970)325-4616

Telluride: (970)728-4519

**School Districts:**

***Escuelas por Distritos:***

Delta: (970)874-4438

Montrose: (970)249-2653

West End (Nucla/Naturita/Paradox): (970)864-7350

Norwood: (970)327-4336

Ouray: (970)325-4505

Ridgway: (970)626-4320

Telluride: (970)728-6617



**Numbers to know**  
**Numeros de telefonos importantes**

**Child care/family resources:**

***Guarderías infantiles/recursos para la familia:***

Childcare Referral: (877)338-2273

Bright Futures: (970)728-5613

Hilltop Family Resource Center: (970)252-7445

Delta Family Center: (970)874-9517

West End Family Link: (970)864-2245

**Child Find:**

***Proveedor de pruebas para evaluar el desarrollo infantil:***

Montrose: (970)249-2405

Delta County: (970)874-7607

Ouray, San Miguel, and West Montrose: (970)626-2977

**Health Services:**

***Servicios medicos:***

Delta County Memorial Hospital Family Medicine: (970)874-5777

Montrose Memorial Hospital Family Care: (970)249-2211

Mountain Medical Center (Ridgway): (970)626-5123

Telluride Medical Center: (970)728-3848

Uncompahgre Medical Center (Norwood): (970)327-4233

Basin Clinic (Nucla): (970)865-2665

Center for Mental Health: (970)252-3200

24 hour mental health crisis line: (970)252-6220

**Department of Health and Human Services:**

***Departamento de Salud y Servicios Sociales:***

Delta: (970)874-2030

Montrose: (970)252-5000

Ouray: (970)626-2299

San Miguel: (970)728-4411

**Emergency and Sheriff's Department:**

***Departamento de Policia y Casos de Emergencias:***

Poison control: (800)222-1222

*Control de Envenenamiento*

Delta County Sheriff: (970)874-2000



*Jueves, Marzo 21 de 10am – 2pm en la escuela de Paradox*

**Where can my child have a hearing, vision, or developmental screening?**

*¿Donde puedo llevar a mis hijos a obtener un examen de oído, de la vista, o para ver como esta su crecimiento?*

**Delta County:**

Leticia Corbasson, **Child Find** Coordinator, (970) 874-7607, lcorbasson@deltaschools.com

**Montrose:**

Contact Amber Gallegos, **Child Find** Coordinator, 970-249-2405

**West Montrose, San Miguel, and Ouray Counties:**

Contact Sarah Lyons, **Child Find** Coordinator, 970-626-2977, sarah.cowley26@gmail.com



### Tri-County Health Network:

SKIPPY - is a cavity prevention program that provides oral health services to children ages 0-18 years old at the schools throughout San Miguel, Ouray, Montrose & Delta counties twice every school year.

Call 970.708.7096 or email [info@tchnetwork.org](mailto:info@tchnetwork.org).

*La organizacion Tri-County Health Network, tiene un programa llamado SKIPPY cual provee servicios para prevenir la caries por medio de las escuelas en los condados de San Miguel, Ouray, Montrose y Delta. Durante el periodo escolar, ellos hacen exámenes orales a niños de 0 hasta 18 años.*

*Llama para averiguar donde y cuando empiesan 970.708.7096*

### What is Child Find?

*¿Que significa Child Find?*

**Child Find** is a school district service for the screening assessment of children birth to five. It includes all cognition, motor skills, speech & language, social emotional, hearing, and vision. There is no cost for these services! If you have concerns about your child's development, don't wait—speak to your doctor or local Child Find.

**Child Find** es un servicio dado por el distrito escolar donde hacen pruebas para examinar el desarrollo de los niños/ñas desde que nacen hasta los cinco años de edad. ¡Totalmente gratis! No espere hasta que algo le pase a sus hijos, a si que hable con su doctor or llame al Child Find mas cercano.

Next available screening dates/locations: *Las proximas fechas/lugares donde se realizaran exámenes:*

*(San Miguel, Ouray, and West Montrose Counties)*

Wed, Aug 29: 9 am - 2 pm - Ouray School – Gym  
*Miercoles, Agosto 29 de 9am – 2pm en la escuela de Ouray*

Tues, Sept 4: 9 am - 2 pm, Naturita Elementary School – Library  
*Martes, Septiembre 4 de 9am – 2pm en la escuela primaria de Naturita*

Tues, Sept 18: 9 am - 2 pm - Norwood Prime Time  
*Martes, Septiembre 18 de 9am – 2pm en la guarderia Prime Time de Norwood*

Tues, Feb 26: 9am - 3pm - Telluride Elementary School – Gym  
*Martes, Febrero 26 de 9am – 3pm en la escuela primaria de Telluride*

Wed, March 13: 1pm - 6pm - Ridgway Elementary School - Eagle's Nest  
*Miercoles, Marzo 13 de 1pm – 6pm en la escuela primaria de Ridgway*

Thurs, March 21: 10 am - 2 pm - Boulder Valley - Clear Fork - 10000