

# Bright - O

# Newsletter July 5<sup>h</sup>- July 16<sup>th</sup>, 202

Please Note: We are still mandated by the state to have all adults wear masks at the school. We **DO NOT** fall under the new governor's mask release. Sorry for the inconvenience. Please help us stay compliant.

### We've been rated by Colorado Shines!

Maslow Academy/Bright Beginnings is happy to announce that we

have been rated **Level 4** by Colorado Shines, the state's new quality rating and improvement system for early care and learning programs.

We are committed to providing a high-quality learning environment that supports your child's development and gives him/her a strong start on the path to lifelong success. Our Colorado Shines rating is one way that Maslow Academy/Bright Beginnings demonstrates our commitment to quality and continually improving the services we offer.

#### Why Colorado Shines?

The early years are a very important period for a child's learning and development. Quality early learning programs prepare children for kindergarten and success in school.

### About Colorado Shines

Colorado Shines rates Colorado's early care and learning programs, connects families with quality programs, and helps early care and learning programs improve quality.

This is how the Colorado Shines quality rating scale works:

• Level 1: The program is licensed with the State of Colorado, is regularly monitored and follows the requirements of Colorado's Early Learning & Development Guidelines (earlylearningco.org).

• Level 2: The program is meeting the requirements of Level 1 and is taking steps to improve quality.

• Level 3-5: The program is licensed, has achieved high quality and is rated based on how it:

- o Supports children's health and safety.
- o Ensures staff are well-trained and effective.

o Provides a supportive learning environment that teaches children new skills.

- o Helps families to become partners in their child's learning.
- o Uses strong leadership and business practices.

For more information about Colorado Shines, visit www.ColoradoShines.com.

Going on Vacation?

Summertime is here, many people are taking trips and having a great time. Please inform us when you are leaving. Teachers benefit from knowing who is attending and who is

not.

Also, if you are looking for some extra days, summer is the best time for drop-ins. Check in with the front desk to see if there are any drop-in days available.

### We are Nut Free

NACATION

Many students in our school have peanut and tree nut allergies. Some of these students are severely allergic. This means that coming into contact with the slightest amount of nuts will cause anaphylactic shock. These episodes can sometimes end in death.

Please understand that no nut products can be brought into the school. If you eat something with peanuts prior to coming into school please wash your hands, face and brush your teeth prior to entering the school. If you pack a lunch with a soy butter or sunflower seed butter sandwich, the container must be labeled. Anything that is not labeled will be treated as a nut butter product and will be thrown away.

### THIS IS EXTREMELY IMPORTANT. IF NOT FOLLOWED, THE LIVES OF SOME CHILDREN COULD BE AT RISK.

Thank you for your understanding in this matter.

#### Sunscreen

Please make sure you apply sunscreen on your child prior to attending school for the day. We always apply sunscreen multiple times throughout the day but starting the day off with sunscreen prior to leaving the house adds an additional layer of protection. If your child has fair skin, remember sunscreen doesn't always work properly. Children with fair skin should wear long sleeves and a hat. We play outside many times during the day. If the temperature hits 100 we will head inside.

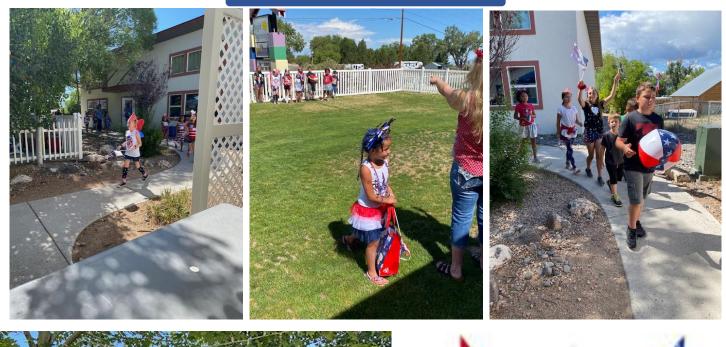
# WE NEED DIAPERS AND WIPES! PLEASE SEE DISCRIPTION ON PREVIOUS PAGE. EARN 1 HOUR OF VOLUNTEER TIME FOR ONE SLEEVE OF DIAPERS OR TWO BOXES OF WIPES.

#### **VOLUNTEER PROJECTS:**

Because of Covid, we have cut this year's volunteer hours requirement to four instead of nine. We will be counting hours for last year all the way through August. We will begin next year's volunteer program in September. We will likely go back to the nine-hour requirement for next year. For more information, please ask Ms. Chrissy, Ms. Tania, or Ms. Leann Current Projects:

- Clean exterior windows
- Front Playground block play area sanded and painted with deck paint.
- Front playground stage sanded and painted with deck paint.

# 4th of July Shenanigans







## Maslow Academy COVID Illness Protocol

### The following outlines different illness scenarios and school protocols for responding to child illness.

When a family calls a child out for illness or a child is sent home for an illness, the administration staff will document the illness, with name of child, symptoms, date, and time onto the Illness log (this has always been our protocol for illnesses). At this point, the administration decides if the illness requires child to stay home and isolate for 72 hours (make notation on the illness log "72 hours"). 72 hours away is determined by symptoms (fever, diarrhea, vomiting). Additionally if the child exhibits 2 or more symptoms of COVID (sore throat, headache, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, congestion, or runny nose), employee will be asked to stay away from school for 72 hours free from symptoms.

After second day away from school, parents will call and update the school or administration will call in and get an update regarding symptoms. If symptoms are better, child may return 72 hours after symptoms have ended.

If symptoms are the same or worse, child will be asked to visit a doctor and get a note to return, get tested for COVID or quarantine for 14 days.

### COVID Testing Scenarios:

1. Child has symptoms - Child goes to doctor- doctor decides not to test = Child can return with doctors note.

Child has symptoms – Child goes to doctor- Tested – Positive = child must inform administration and doctor
plus health department guides the school response and when child can return.

 Child has symptoms – Child goes to doctor – Tested- Negative = Child must inform administration; child can return with doctor's note, and 72 hours free of symptoms.

 Child has symptoms – Symptoms getting better – no need to go to the doctor= Child can return once they are 72 hours free of symptoms.

### COVID Household Scenarios:

 An asymptomatic person in the household is being tested = Child member can continue to attend school.

A household member with symptoms is being tested = Child cannot attend school until test results are returned. If test is negative, they can attend school.

If child lives with a positive case, they must quarantine for 14 days. This is the same timeline regardless of child receiving a negative test result. Families should monitor child for symptoms.

4. If a household member is notified that they have been exposed to a positive tested person that does not live in their household... a. Child must get tested

b. If testing is refused, child must quarantine for 14 days before returning (administration determines 14 days).

c. Families can get a doctor's note clearing the child to return to school (many doctors are not providing these notes).





Reminder: We are a peanut and nut free school. We strive to serve healthy, well balanced meals. If you choose to bring breakfast or lunch for your child, it must follow these same standards and expectations. Please do not send donuts, candy, soda, desserts or other "junk food" as these are not acceptable food items. We must also ask that you do not pack anything with peanut butter, or any tree nuts due to severe nut allergies in our school.

\*\* Notates menu items contain dairy (besides a glass of milk). Sometimes the dairy can be omitted and sometimes it cannot.

Underlined items contain egg products.

Thank you for your help and cooperation.

Monday: Closed for the observance of 4<sup>th</sup> of July

Tuesday:

Breakfast: \*\*Cheerios and Fruit Cocktail, Milk Lunch: \*\* <u>BBQ Meatball Sandwich</u>, Green Beans, Oranges, Milk Snack: \*\*String Cheese, Wheat Crackers, Water

Wednesday:

Breakfast: \*\*Mini Bagels with Cream Cheese, Peaches, Milk

Lunch: \*\*Macaroni and Cheese with Ham (Whole Grain Pasta), Mixed Vegetables, Goldfish and Pepperoni, Milk Snack: Goldfish and Pepperoni, Water

Thursday:

Breakfast: \*\*Multigrain Cheerios and Berries, Milk Lunch: Whole Grain Breaded Chicken Nuggets, Pineapple, Sweet Potato Fries, Milk Snack: Trail Mix, Craisins, Water

Friday: Breakfast: <u>Whole Grain French Toast</u>, Applesauce, Milk Lunch: \*\* Ham and Cheese on Whole Grain Hoagies, Cucumbers, Grapes, Milk Snack: Bananas and Graham Crackers Water

\*\*All milk served is unflavored. All milk served is 1% or whole depending on age. \*\*\*For Infants and toddlers some foods are cut to be an appropriate size for safety. Certain items are substituted to be more appropriate for infants and toddlers.

Thank you for your continued support!

This institute is an equal opportunity provider.



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Monday: Breakfast: \*\*Corn Flakes, Mixed Fruit, Milk Lunch: \*\*Hot Ham and Cheese Slider on Whole Wheat Buns, Green Beans, Orange, Milk Snack: \*\*String Cheese, Goldfish, Water

Tuesday:

Breakfast: <u>Whole Grain Blueberry Muffins</u>, Pears, Milk Lunch: Chicken Sandwiches on Whole Grain Bun, Cauliflower, Peaches, Milk Snack: **\*\***Granola and Yogurt, Water

Wednesday: Breakfast: \*\*<u>Breakfast Burritos on Whole Grain Tortilla</u>, Peaches<u>,</u> Milk Lunch: \*\*Bean and Cheese Tostada, Baby Carrots, Cantaloupe, Milk

Snack:\*\*Cheesy Quesadilla, Water

Thursday: Breakfast: \*\* Kix Cereal, Blueberries, Milk Lunch: \*\*Chicken Alfredo, Peas, Tropical Fruit, Milk Snack: Mini Bagels, Cheddar Slices, Water

Friday:

Breakfast: <u>Whole Grain Waffles</u>, Cinnamon Applesauce, Milk Lunch: Turkey and Cheese Sliders on Whole Grain Buns, Carrots, Grapes, Milk Snack: Apples and Pretzels, Water

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