



Newsletter

May 10th - May 21st 2021

Please Note: We are still mandated by the state to have all adults wear masks at the school. We DO NOT fall under the new governor's mask release. Sorry for the inconvenience. Please help us stay compliant.

The Maslow Academy of Applied Learning is an educational partnership of master teachers, involved families and reflective learners who challenge one another to grow through experiential and applied learning to reach their peak potential.

Teachers for the 2021 Summer Term Summer Session Starts June

Each summer, some teachers take a break and either do not work during the summer or cut down to part time. Most return to their normal schedule in September.

Here are the 2021 summer session teachers and the classroom they will be teaching in. A large majority are teachers you know and love. There are a couple of wonderful new smiling faces too!

Pink Class- Ms. Ashley & Ms. Miriana

Red Class- Ms. Devan & Ms. Myra

Maroon Class – Ms. Makayla & Ms. Bernice & Ms. Linsey

Orange Class – Ms. Amy & Ms. Micaela

Yellow Class – Ms. Tiffany & Ms. Mariah & Ms. Daisy

Indigo Class- Ms. Julia

Green Class- Ms. Shayli & Ms. Jemletta

Blue Class – Ms. Erica & Ms. Leeann

Violet Class- Mr. Luis and Ms. Erika

Primary Class- Ms. Cheyenne, Ms. Molly, Ms. Jasmyn, Ms. Robyn

Intermediate Class – Ms. Cheyenne, Ms. Molly, Ms. Jasmyn, Ms. Robyn

Float/Teacher Breakers– Ms. Kristi, Ms. Mary, Ms. Rosa, Ms. Linsey

Infant Toddler Supervisor – Ms. Daisy

Executive Director/Principal – Mrs. Chrissy Simmons

Assistant Directors- Mrs. Tania Downing and Mrs. Leann Distel

Remember, this is just the summer session teaching staff. Closer to fall, we will post the 2021/2022 teaching staff, most of which were the same as last year. Some will be in different classrooms from last year.

Ms. Chrissy is available if you have any questions.



Tips for Children with Seasonal Allergies from Web MD

Reviewed by Brunilda Nazario, MD

Before you start any treatment, visit a doctor to be sure allergies are causing your child's troubles. Once you know he really has seasonal allergies, these quick tips can offer much-needed relief.

Stay Inside. The best way to treat allergy symptoms is to avoid allergens to begin with. So when pollen counts soar, keep kids indoors as much as possible. Pollen is usually at its peak mid-morning, early evening, and when the wind is blowing.

Use Saltwater. Having a plugged-up nose can be one of the toughest symptoms for children with allergies. For relief, older children might want to try nasal irrigation with a saline solution. You can buy saline at the drugstore or make your own by mixing in a squirt bottle eight ounces of boiled water to one teaspoon non-iodized salt.

Stay Hydrated. All that sneezing and blowing can leave a child parched. Keep a water bottle full and close to hand and encourage your children to keep sipping.

Warm It Up. Steam from a warm shower or bath seems to offer allergy symptom relief for some so encourage kids to enjoy a little tub time. Just be careful to make sure the shower is not too hot.

Keep It Cool. To keep pollen out when the weather's hot, air condition your car and home and keep windows closed.

Deal with Dry Air. A little moisture in the air makes breathing easier for most, so if the air in your house is dry, get a humidifier. But be careful: Humidity over 40% can encourage the growth of indoor allergens like mold and dust mites.

Go Cold. When itchy eyes are driving your kid crazy, try a cold compress, which may help reduce the itch and soreness.

Keep Your Hands to Yourself. Help kids to avoid rubbing their itchy eyes. Rubbing will only irritate them -- and could make the itchiness even worse.

Garden Clean Up Day

Thank you everyone that came out to our garden clean up day. We got a lot done thanks to you!



So much going on around the school.



Maslow Academy COVID Illness Protocol

The following outlines different illness scenarios and school protocols for responding to child illness.

When a family calls a child out for illness or a child is sent home for an illness, the administration staff will document the illness, with name of child, symptoms, date, and time onto the Illness log (this has always been our protocol for illnesses). At this point, the administration decides if the illness requires child to stay home and isolate for 72 hours (make notation on the illness log "72 hours"). 72 hours away is determined by symptoms (fever, diarrhea, vomiting). Additionally if the child exhibits 2 or more symptoms of COVID (sore throat, headache, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, new loss of taste or smell, congestion, or runny nose), employee will be asked to stay away from school for 72 hours free from symptoms.

After second day away from school, parents will call and update the school or administration will call in and get an update regarding symptoms. If symptoms are better, child may return 72 hours after symptoms have ended.

If symptoms are the same or worse, child will be asked to visit a doctor and get a note to return, get tested for COVID or quarantine for 14 days.

COVID Testing Scenarios:

1. Child has symptoms – Child goes to doctor- doctor decides not to test = Child can return with doctors note.
2. Child has symptoms – Child goes to doctor- Tested – Positive = child must inform administration and doctor plus health department guides the school response and when child can return.
3. Child has symptoms – Child goes to doctor – Tested- Negative = Child must inform administration; child can return with doctor's note, and 72 hours free of symptoms.
4. Child has symptoms – Symptoms getting better – no need to go to the doctor= Child can return once they are 72 hours free of symptoms.

COVID Household Scenarios:

1. An asymptomatic person in the household is being tested = Child member can continue to attend school.
2. A household member with symptoms is being tested = Child cannot attend school until test results are returned. If test is negative, they can attend school.
3. If child lives with a positive case, they must quarantine for 14 days. This is the same timeline regardless of child receiving a negative test result. Families should monitor child for symptoms.
4. If a household member is notified that they have been exposed to a positive tested person that does not live in their household...
 - a. Child must get tested
 - b. If testing is refused, child must quarantine for 14 days before returning (administration determines 14 days).
 - c. Families can get a doctor's note clearing the child to return to school (many doctors are not providing these notes).



May 10th – May 14th



Reminder: **We are a peanut and nut free school.** We strive to serve healthy, well balanced meals. If you choose to bring breakfast or lunch for your child, it must follow these same standards and expectations. Please do not send donuts, candy, soda, desserts or other “junk food” as these are not acceptable food items. We must also ask that you **do not pack anything with peanut butter, or any tree nuts** due to severe nut allergies in our school.

** Notates menu items contain dairy (besides a glass of milk). Sometimes the dairy can be omitted and sometimes it cannot.

Underlined items contain egg products.

Thank you for your help and cooperation.

Monday:

Breakfast: ** Cheerios, Peaches, Milk

Lunch: **Mini Whole Grain Pepperoni Pizza, Green Beans, Tropical Fruit, Milk

Snack: **Goldfish, Cheese Sticks, Water

Tuesday:

Breakfast: **Blueberry Muffins with Pears, Milk

Lunch: **Hot Ham and Cheese Sliders on Whole Grain Bun, Cucumbers, Pineapple, Milk

Snack: **Apple Sauce, Pretzel Sticks, Water

Wednesday:

Breakfast: Hard Boiled Eggs, Mini Whole Grain Bagels, Mixed Fruit, Milk

Lunch: ** Tortilla Casserole, Corn, Oranges, Milk

Snack: Cheez-Its, Oranges, Water

Thursday:

Breakfast: **Chex Cereal, Berries, Milk

Lunch: **Turkey Tetrazzini (Whole Grain Pasta), California Vegetables, Peaches , Milk

Snack: Fruit Cups, Graham Cracker, Water

Friday:

Breakfast: Pancakes, Cinnamon Applesauce, Milk

Lunch: **Grilled Cheese on Whole Wheat Bread, Carrots, Grapes, Milk

Snack: Bananas, Chex Mix, Water

**All milk served is unflavored. All milk served is 1% or whole depending on age.

***For Infants and toddlers some foods are cut to be an appropriate size for safety. Certain items are substituted to be more appropriate for infants and toddlers.

Thank you for your continued support!

This institute is an equal opportunity provider.



May 17th – May 21st



Reminder: **We are a peanut and nut free school.** We strive to serve healthy, well balanced meals. If you choose to bring breakfast or lunch for your child, it must follow these same standards and expectations. Please do not send donuts, candy, soda, desserts or other “junk food” as these are not acceptable food items. We must also ask that you **do not pack anything with peanut butter, or any tree nuts** due to severe nut allergies in our school.

** Notates menu items contain dairy (besides a glass of milk). Sometimes the dairy can be omitted and sometimes it cannot.

Underlined items contain egg products.

Thank you for your help and cooperation.

Monday:

Breakfast: **Kix Cereal, Mixed Fruit, Milk

Lunch: Dino Chicken Nuggets, Whole Grain Rolls, Sweet Potato Fries, Pineapple Milk

Snack : **Cheese Sticks, Graham Crackers, Water

Tuesday:

Breakfast:** Hashbrown Casserole, Oranges, Milk

Lunch: **Turkey and Cheese Pinwheels (Whole Grain Tortilla), Celery, Tropical Fruit, Milk

Snack: **Yogurt and Homemade Granola, Water

Wednesday:

Breakfast: Oatmeal with Strawberries, Milk

Lunch: Ham and Pease Pasta Salad (Whole Grain Pasta), Crackers, Oranges, Milk

Snack: Baby Carrots with Ranch, Animal Cracker, Water

Thursday:

Breakfast: ** Multi Grain Cheerios, Berries, Milk

Lunch: **Pizza Pasta, Green Beans, Peaches, Milk

Snack: Baked Cereal Mix, Crasins, Water

Friday:

Breakfast: Whole Grain French Toast, Applesauce, Milk

Lunch: **Turkey and Cheese Hoagies on Whole Grain Bread, Carrots, Grapes, Milk

Snack: Bananas, Pretzels, Water

**All milk served is unflavored. All milk served is 1% or whole depending on age.

***For Infants and toddlers some foods are cut to be an appropriate size for safety. Certain items are substituted to be more appropriate for infants and toddlers.

Thank you for your continued support!

This institute is an equal opportunity provider.